



2025 FIREFIGHTER SAFETY STAND DOWN



STRATEGIES

Organizations can approach the issue of behavioral health with both offensive and defensive strategies.

Organizations can develop strategies for “What if...?” scenarios as well as incident action plans that have pre-identified resources and response actions listed and identified.

These efforts can help turn “reactions” – which may be not well thought out – into “responses” that provide the right type(s) of help and support in a timely manner.

Effective strategies should include, but not be limited to:

- Developing SOPs/SOGs for behavioral health issues/responses
- Training for all members of the organization
- Open lines of communication
- Peer support
- Family support
- Chaplaincy program
- Critical incident management
- Crisis response
- Plan for reincorporating members who have been on a behavioral health leave of absence

